



Chisholm Trail Volleyball

Important Summer Information 2025

Coaching Staff

- Janine Smith— Varsity Head Coach
 - jsmith@ems-isd.net
- Bill Tippet— Assistant Coach
 - wtippett@ems-isd.net

Getting Ready for Tryouts

- Physicals
- Summer Conditioning
- Summer Camp
- Team Camp

Physicals

- Every athlete needs a current physical on file at Chisholm Trail High School before you can participate in tryouts. Earliest Date on physical to deem current is May 1st. If you did not participate in Physicals at Chisholm Trail on May 3rd then you will need to go to physician to obtain a current physical

WHO NEEDS A PHYSICAL?

- ALL INCOMING and RETURNING PLAYERS
- You will need PHYSICAL, MEDICAL HISTORY FORM, AND ALL RANKONE ELECTRONIC FORMS COMPLETED BEFORE YOU TRYOUT
- **ALL ATHLETES MUST COMPLETE ONLINE REGISTRATION**
- [HTTP://WWW.RANKONESPORT.COM](http://www.rankonesport.com)
- **Information on Student Accident insurance can be found here:**
- <https://www.emsisd.com/Page/35230>

Summer Conditioning

- **Volleyball Conditioning**

- Offered at Chisholm Trail High School
- Training WEIGHTS AND CONDITIONING/SKILL TRAINING CAMP
CTHS GYM
- Dates/Time: Starting June 2nd
- Monday -Thursday
- 8:00-11:00
- This camp is going to be run by CTHS/EMSISD Coaches. In order to participate you need to fill out Strength and Conditioning form

Summer Weight/Conditioning/Skill Training



Chisholm Trail High School

Summer Weight and Conditioning

Weights and Conditioning/Skill Training facilitated by CTHS Coaches

Volleyball starts June 2nd

Mon-Thurs 8:00-11:00am

Weight and Conditioning will be for 2 hours

Skill Training will be for 1 hour

June 30-July 4th is EMSISD Mandatory Shutdown

July 7-10th will be 8-10am

Directing the Chisholm Trail Summer Weight and Conditioning Camps will be the
Head and Assistant Volleyball Coaches

This training is in preparation for Volleyball tryouts which will be held **August 1st**

Please return this entire form for registration. Incoming 9th-12th grade

Participant's Name: _____ **Date of Birth:** ____/____/____ **Grade in the Fall 2025:** _____

Address: _____ **City/State/Zip:** _____

School you currently attend: _____ **School you will attend in the Fall:** _____

Parent/Legal Guardian Information:

Name: _____ **Relationship:** _____ **Email address:** _____

Address: _____ **City/State/Zip:** _____

Home Phone: _____ **Work Phone:** _____ **Cell Phone:** _____

In Case of Emergency, please contact:

Name: _____ **Relationship:** _____

Contact Phone Number: _____

Liability Waiver: I/We, the undersigned parent/legal guardian, give permission for _____
to participate in the **CTHS Weights and Conditioning Camp**. I/We understand that EMS ISD, its employees or anyone
acting on its behalf, will not be held liable or responsible for personal injuries and property damage or loss of any kind
which may occur during the camp. I/We also give permission for any emergency medical care or treatment by a
physician, surgeon, hospital, or medical care facility that may be required. The above foregoing release has been read
and understood by the undersigned.

Parent/Legal Guardian Signature _____ **Date** _____

Summer Camp

- **Grades 1-8 and**
- **Incoming 9th Graders**
 - Held at Chisholm High School

Chisholm Trail

Volleyball Camp

June 2-4, 2025

Chisholm Trail High School

SESSION I

Incoming Grades 1-4
8:30 a.m. – 10:00 a.m.
\$65

SESSION II

Incoming Grades 5-7
10:00 a.m. – 12:00 p.m.
\$75

SESSION III

Incoming Grade 8-9
12 p.m. - 2 p.m.
\$75

- Cost: \$75/player
- Online Registration (District Website)
- <https://emsisd.revtrak.net>

Team Competitive/Summer Camp



Chisholm Trail H.S. Volleyball

Team Camp

Date: July 21-23 2025

Time: 9:00 - 11:30 a.m. (all days)

Cost: \$115/athlete

Cash or Check accepted

Please make payments to Next Level

Volleyball Camp and turn in to your Varsity

Coach (*checks will not be cashed until
week of camp)

July 21 - Chisholm Trail HS Gym

July 22 - Chisholm Trail HS Gym

July 23 - Eagle Mountain High School (Competition Day-scrimmages)

Coaches:

Next Level Volleyball Camp is run by Ryan Mitchell and various club and HS coaches from the DFW area. Coach Mitchell and staff will lead an energetic, fast paced, competitive environment specifically tailored towards preparing the Chisholm Trail Volleyball Program for the 2025 season. **Please note participation in the camp in no way guarantees a spot on the High School team. The Volleyball Camp and its workers are not associated with the HS in any way.

Registration (please return to head coach)

Name: _____

Grade (2025/2026 school year): _____

Cash: _____ Check: _____ (made out to Next Level Volleyball)

Liability Release: I understand that in any athletic activity, there is a slight risk for injury. I assume that risk and will allow my child to participate in Next Level VB Camps. I will not hold Next Level, its employees, nor any camp worker liable. I further understand that the camp sponsors will take reasonable precautions to prevent such injuries. In the event of an injury, I give permission for the camp staff to seek adequate medical assistance.

Parent Guardian Signature: _____

Tryouts/Schedules

TRYOUTS

Start Friday August 1st

- **Friday August 1st 9:00-11:00 and 1:00-4:00** (Times subject to change due to in service)
- **Saturday August 2nd 9-11am, 1-4pm** (TBD due to teacher in service)
- **Monday-Thursday** (times TBD due to teacher in service)
- **Friday August 8th Scrimmages start** (Cleburne Scrimmage)
- **Saturday August 9th** (Timber Creek)

Volleyball Booster Club

Tasha Richards– Volleyball Rep

We will need team representatives to help out with team meals and general organization and communication.

Booster Club

- Booster Club Needs Our Participation
- We will need Team Parent Reps, concession stand , and special event volunteers.
- Work Opportunities, Scholarship Fund, Banquet, Etc.
- The ability to provide nice things for our program would not be possible without the Booster Club!

Partners/Fundraising

- Fundraising
 - **Middle School Madness Tournament September 13th**
 - **Expectation is that everyone in the program will work this event. This is our BIG fundraiser!! We expect student and parent involvement on this day**
 - **We have had 90 plus teams enter this tournament in past so it is imperative that we have Program Wide Involvement on this day.**